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WORD POWER AND ITS INFLUENCE

Have you ever wondered that words and thoughts affect our life? In fact, they do not influence, they shape our reality! The power of the spoken word cannot be overestimated. Depending on the willpower and intentions, the speaker can heal or kill the words. According to psychology, in words and wishes, a person launches an energy mechanism, the work of which affects the lives of others.

The wave formed by the word and its sound sequence penetrates the human biofield. It deforms the structure of the thin shells of a living being, causing changes at the physiological level, and then in society and the surrounding space. Moreover, the strength of the words spoken by him directly depends on the state of mind and emotions of the speaker.

Not without reason, in Ukrainian literature there are proverbs about the word . Importance. For example, “the word is not a sparrow, you can’t catch it”, “the word is not an arrow but hurts deeper”, “the blow is forgotten, and the word is remembered” etc. To avoid bad, it is very important not to think about it. No wonder there is a saying – "Said - done!". That is, having said that, you have almost done it. You have run the runtime! But that’s how the law of the universe works! What you ask for comes to you! But not everything is so bad, good words and thoughts work in the same way. By creating and releasing a positive thought, you get the result positive in life, good people and pleasant events.

And another important piece of information - scolding people, cursing them, by calling them offensive words, you are not only affecting the others biofield, but also their own! You destroy your subtle energy and cast the same curse on your self and your family children! Before speaking strongly to someone, it is very worth thinking about whether worth it! Maybe it’s better to hold back! And release you

r emotions in a scream in the woods, thereby relieving tension and getting a lot of pleasant sensations throughout the body.

In addition, Ukrainian law has such a concept as leading to suicide. Bringing a person to suicide or attempting to commit suicide as a result of ill-treatment, blackmail, systematic humiliation of his human dignity or systematic unlawful coercion to actions contrary to his will, inclination to suicide, as well as other actions that contribute to suicide are punished by the law.

German psychologist and psychotherapist of Iranian descent Nossrat Pazeshkian, the founder of the method of "positive psychotherapy", has studied a number of words and phrases that have a devastating effect on the human body, provoking various diseases. Nevertheless, people continue to use them in everyday life. At the same time, the scientist later proved, almost all people more or less resort to the use of such phrases, which he later combined under the title "organic language", the negative and destructive energy of which can have a detrimental effect on human health and well being. Referring to the list of phrases described by a psychologist, it can be stated that in the Ukrainian language in everyday use there are also similar expressions that are directly related to the possible physical state of human health. By reading each of them, you can understand in which of the situations it is used and what impact it has on human health in the future. "The head is spinning", "It's already sitting in the liver", "My blood is ruptured", "Cases above the throat", "Like a knife to the heart" or "Without a knife killed", "I have full teeth of anger nerves", "Oxygen I was blocked"... the list can be continued. I think there are many similar phrases. In fact, there is strong scientific evidence that all these are quite strong words and expressions, the real harm of which a person usually does not even suspect. Moreover, it was proved that such phrases are just the cause and not the consequence of the disease (say, after the onset of the disease, subconsciously a person is able to use phrases that characterize his physical condition). In fact, with appropriate expressions a person starts the disease involved in them, and in the future - supports it, in a way "feeding" by repeating these expressions.

Therefore, it is worth to follow similar points in your speech and in your thoughts. After all, this is the least that a person can do to improve the quality of his life. You can always find excuses, saying, that, it was customary to say so in my family or among loved ones. It is all self-defeating: "I do not control these moment" You can start to follow your language, without such harmful phrases and change them to more useful and bright.

Література

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TWO SIDES OF MODERN GADGETS

With the help of computers, the internet has entered into our life. It became an integral part of life of each person. Now people cannot live a day without checking of mail and visiting their favorite sites. The internet is not only the assistant in daily work, it is also the other world in which there are mails boxes, libraries, photo galleries, games, shops. By means of the internet people can travel to different cities, visit tourist places, communicate with people.

Recently many people ask a question: "Is the internet harmful or useful?" I think, that on this question there is no certain answer. In fact, on the one hand the internet is a very good and useful thing. And on the other hand it has many negative sides: dependence, the waste of time, money, health. Using a computer for too many hours can damage your eyes and cause backaches. What is more , children, teenagers even adults can easily become addicted to computers and spend hours in front of the screen instead of socializing with other people. But there are a lot of advantages too.

You can get the latest news in the world on the internet. Most of the world's newspapers and magazines have their websites where you can read about current events in different spheres of our life. These websites are periodically updated so as to provide their readers with the latest news. Shopping through the internet is becoming more and more popular. This type of service helps you to save time and make the right choice. You can also read about quality of the goods you are interested in messages from the people who have already bought these goods.

You can also use the internet to look for a job. Most of organizations around the world advertise their vacancies on special websites. It's also possible to apply for a required job through the internet.

The internet provides the possibility to get education online. Many websites of different universities provide lectures and tutorials on different subjects and topics. You can download this information into your computer and listen to these lectures repeatedly.

In addition, people who have an internet connection can download a great amount of information, as well as keep in touch with family and friends. In my opinion, computers part of our lives and we cannot live without them.